

Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal

OPTION 1



OPTION 2

Margherita pizza & oven baked wedges



Mixed bean bolognaise with penne pasta



Vegetable sausages with roast potatoes & gravy



Pea-powered vegetable stir fry with carrot rice



Vegetable nuggets, chips & tomato ketchup



Pepperoni pizza & oven baked wedges

Beef & lentil bolognaise with penne pasta



Roast gammon with roast potatoes & gravy

Creamy coconut chicken & chickpea curry with carrot rice



Fish fingers, chips & tomato ketchup

Broccoli



Carrots & peas



Carrot & cabbage



Broccoli & Cauliflower



Baked Beans



Jacket Potato with Cheese
Tuna mayo
Baked beans
or Beans & Cheese

Ham
Cheese
or Tuna mayo

Jacket Potato with Cheese
Tuna mayo
Baked beans
or Beans & Cheese

Ham
Cheese
or Tuna mayo

Jacket Potato with Cheese
Tuna mayo
Baked beans
or Beans & Cheese

Lemon shortbread biscuit



Chocolate & banana brownie sponge



Apple strudel & Custard



Baked apple & cinnamon sponge



Chocolate Shortbread



Available Every Day - Crunchy Colourful Salad Bar & Homemade Bread

KEY

Wholegrain



Vegetarian



Nutritionist's Choice



Vegan



Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal

OPTION 1

OPTION 2

Veggies

Jacket Potatoes & Sandwiches

Sweet Treats

Margherita pizza & oven baked wedges	Pea-powered vegetable pie & new potatoes	Cheesy cauliflower pasta bake	Veggie all day breakfast	Quorn dippers, chips & tomato ketchup
Tomato, spinach & salmon pasta	Chicken & vegetable pie with new potatoes	Roast turkey breast, roast potatoes & gravy	All day breakfast, with pork sausages (beef casings)	Fish & chips with tomato ketchup
Broccoli	Peas	Carrots & cauliflower	Baked beans	Peas
Jacket Potato with Cheese Tuna mayo Baked beans or Beans & Cheese	Ham Cheese or Tuna mayo	Jacket Potato with Cheese Tuna mayo Baked beans or Beans & Cheese	Ham Cheese or Tuna mayo	Jacket Potato with Cheese Tuna mayo Baked beans or Beans & Cheese
Traditional Flapjack	Oaty apple crumble & custard	Chocolate Mousse	Carrot cake with orange glaze	Chocolate fruit crispie cake

Available Every Day - Crunchy Colourful Salad Bar & Homemade Bread



KEY

Wholegrain Vegetarian

Nutritionist's Choice Vegan

Main Meal

OPTION 1

OPTION 2

Veggies

Jacket Potatoes & Sandwiches

Sweet Treats

	Monday	Tuesday	Wednesday	Thursday	Friday
OPTION 1	Pea-powered mild chilli with rice	Vegetable sausages & mashed potatoes with gravy	Pea-powered cottage pie with gravy	Baked creamy mac 'n' cheese	Vegan Sausage roll, chips & tomato ketchup
OPTION 2	Mild beef & lentil chilli con carne with rice	Pork sausages (beef casing) with mashed potatoes & gravy	Roast chicken breast, roast potatoes & gravy	BBQ chicken loaded mac 'n' cheese	Fish fingers, chips & tomato ketchup
Veggies	Sweetcorn	Peas & carrots	Broccoli & carrots	Selection from the salad bar	Baked Beans
Jacket Potatoes & Sandwiches	Jacket Potato with Cheese Tuna mayo Baked beans or Beans & Cheese	Ham Cheese or Tuna mayo	Jacket Potato with Cheese Tuna mayo Baked beans or Beans & Cheese	Ham Cheese or Tuna mayo	Jacket Potato with Cheese Tuna mayo Baked beans or Beans & Cheese
Sweet Treats	Chocolate Shortbread	Apple & summer berry crumble with custard	Lemon Sponge & Custard	Garden Brownie	Strawberry Mousse

Available Every Day - Crunchy Colourful Salad Bar & Homemade Bread



KEY

Wholegrain Vegetarian

Nutritionist's Choice Vegan