

# MENU WEEK 1

**SERVED W/C:** 17<sup>th</sup> Nov | 8<sup>th</sup> Dec | 19<sup>th</sup> Jan | 9<sup>th</sup> Feb  
| 2<sup>nd</sup> Mar | 23<sup>rd</sup> Mar | 13<sup>th</sup> Apr

**THE FOOD EXPLORERS**

**Hutchison**

*Monday*

*Tuesday*

*Wednesday*

*Thursday*

*Friday*

**MAIN MEAL**



**OPTION 1**

**OPTION 2**

**VEGGIES**



**FILLED ROLLS**



**AVAILABLE**

**SWEET TREATS**



Rainbow Vegetable Stir Fry Noodles



Cheese & Bean Lasagne



Vegan Lentil & Stuffing Pastry Roll



Vegetable Bolognese with Penne Pasta



Vegan Vegetable Nuggets & Chips



Ham & Cheese Pasta

Traditional Creamy Beef Lasagne



Roast Gammon with Roast Potatoes & Gravy

Chicken in a Katsu Curry Sauce & Rice



Fish Fingers & Chips

Carrots & Peas



Broccoli



Roasted Carrots & Parsnips



Peas



Beans



Ham Cheese Tuna

Ham Cheese Tuna

Blueberry Cookie Bar



Chocolate & Banana Brownie



Peach & Pineapple Crumble



Apple & Cocoa Sponge



Lemon Shortbread



Desserts available every day – a choice of jelly, fruit or yoghurt

**KEY**

Nutritionist's Choice

Vegetarian



Vegan



Added Wholewheat



# MENU WEEK 2

**SERVED W/C:** 3<sup>rd</sup> Nov | 24<sup>th</sup> Nov | 15<sup>th</sup> Dec | 5<sup>th</sup> Jan  
| 26<sup>th</sup> Jan | 16<sup>th</sup> Feb | 9<sup>th</sup> Mar | 30<sup>th</sup> Mar |  
20<sup>th</sup> Apr

**THE FOOD EXPLORERS**

**Hutchison**

*Monday*

*Tuesday*

*Wednesday*

*Thursday*

*Friday*

**MAIN MEAL**



**OPTION 1**

**OPTION 2**

**VEGGIES**



**FILLED ROLLS**



**AVAILABLE**

**SWEET TREATS**



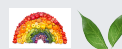
Margherita  
Pizza & Wedges



Vegan Sausage with Mashed  
Potatoes & Gravy



Vegan Cottage Pie &  
Gravy



Baked Mac 'n'  
Cheese



Tex-Mex Vegetable  
Fajita Wrap



Salmon Pasta  
Bake



Pork & Beef Sausage,  
Mashed Potatoes & Gravy

Roast Turkey with Roast  
Potatoes & Gravy

Creamy Chicken Curry,  
Carrot Rice



Fish &  
Chips

Peas



Carrot  
& Peas



Broccoli &  
Cauliflower



Carrot &  
Mixed Salad



Baked  
Beans



Ham  
Cheese  
Tuna

Ham  
Cheese  
Tuna

Strawberry  
Mousse



Oaty Apple  
Crumble & Custard



Original  
Flapjack



Chocolate &  
Carrot Muffin



Lemon Sponge  
& Custard



Desserts available every day – a choice of jelly, fruit or yoghurt

**KEY**

Nutritionist's Choice



Vegetarian



Vegan



Added Wholewheat



# MENU WEEK 3

**SERVED W/C:** 10<sup>th</sup> Nov | 1<sup>st</sup> Dec | 22<sup>nd</sup> Dec | 12<sup>th</sup> Jan |  
2<sup>nd</sup> Feb | 23<sup>rd</sup> Feb | 16<sup>th</sup> Mar | 6<sup>th</sup> Apr

**THE FOOD EXPLORERS**

**Hutchison**

*Monday*

*Tuesday*

*Wednesday*

*Thursday*

*Friday*

**MAIN MEAL**



**OPTION 1**

**OPTION 2**

**VEGGIES**



**FILLED ROLLS**



**AVAILABLE**

**SWEET TREATS**



Quorn Dippers with Oven Baked Wedges & Tomato Ketchup



Vegan Bolognese Ragu Penne Pasta



Roast Quorn Fillet with Roast Potatoes & Gravy



Baked Mac 'n' Cheese



Vegan Sausage Roll & Chips



Margherita Pizza & Wedges



Beef Bolognese Penne Pasta

Roast Chicken with Roast Potatoes & Gravy

Chicken Pie with Mashed Potatoes & Gravy

Fish Fingers & Chips

Peas



Sweetcorn



Broccoli



Carrots



Beans



Ham Cheese Tuna

Ham Cheese Tuna

Vanilla Shortbread



Mixed Berry & Apple Crumble with Custard



Apple Strudel & Custard



Gingerbread Squares with Custard



Garden Brownie



Desserts available every day – a choice of jelly, fruit or yoghurt

**KEY**

Nutritionist's Choice



Vegetarian



Vegan



Added Wholewheat

